

BREAKFAST

FROM 8.30AM TO 11.30AM

French Toast – Quince & Apple compote, seasonal berries, maple	18
Organic Black Rice & Quinoa Porridge , sour rhubarb, mint passionfruit, coconut milk, berries, palm sugar syrup (v)	18.5
Orange & Ricotta Buttermilk Hotcake , caramelised banana, pineapple currant compote, seasonal fruit, elderflower honey, vanilla bean mascarpone (v)	19
Pumpkin & Cheese Croquette , maple bacon, hollandaise, poached eggs, local rocket, roasted capsicum	19
Morning Super Grains - buckwheat, quinoa, wild rice, pearl barley, tossed almonds, currants, dates, cumin, yoghurt, poached egg	19
Shakshuka Skillet , kipfler potato hash, capsicum, onion, chilli, coriander, chorizo, eggs, sourdough	19.5
The Cape Kitchen Corn Cakes , avocado & mango salsa, local rocket, coriander & lime sour cream, tomato chilli jam, poached eggs (df) (gf) (v*)	19.5
Gippsland Field Mushrooms , Heirloom beetroot relish, candied walnuts, brioche, poached eggs (v)	21
Florentine , Cedar smoked salmon, sourdough, poached eggs, hollandaise	22
The Full Basket – two free range eggs cooked how you like, bacon, local mushroom, roasted tomato, gourmet sausage, potato herb roesti, toasted sourdough	24.5
Homemade Sauces – Hollandaise – Tomato Relish	3
Extras – Crispy Bacon – Roasted Tomato – Avocado – Local Mushrooms – Potato Herb Roesti – Gourmet Sausage – In-house Smoked Salmon	4

Our bacon is proudly free-range from Island Primary Produce.
Our sourdough is from San Remo Bake House.
We use Real Free Range Eggs from Bimbadeen Farm

We take great pride in sourcing local, seasonal produce & support good farming practices.
We may not be able to accommodate menu changes during busy times

NB (gf) gluten friendly **(df)** dairy friendly **(v)** vegetarian

COFFEE, CHOC & CHAI

Coffees – White/Black	4
Mocha	5
Mörk Junior Dark Hot Chocolate	5
Mörk River Salt Hot Chocolate	5
Prana Masala Chai	6
Iced Coffee / Mocha / Choc	6.5
Soy / Decaf / Strong	0.5

TEA

Perfect South Australian: Sencha Green/ Mint	5
The Cape Kitchen Teas: Earl Grey / English Breakfast / Lemongrass & Ginger / Chamomile Blossom / Malabar Chai / Peppermint	5

FRESH

Fresh, organic orange, pineapple, apple juice	6.5
The Cape Kitchen Mimosa	14

BOTTLED

Soda Republic Organic Cola / Lemon / Ginger Beer	5
Sparkling Mineral Water 1000ml	12

@thecapekitchen

